

Patient Application Form

WELCOME and THANK YOU for applying as a patient to our clinic. Our office specializes in research-based spinal and postural rehabilitation. These methods have enabled our patients to achieve their optimal health; even when many other systems have failed. Because of this specialized approach, we may not accept you as a patient until we are absolutely certain we know the cause of your condition, that we can perform the necessary tests to establish an optimal rehabilitation program for you, and you are completely confident we can help you recover your health. Please know if we do accept you as a patient, we will then make specific recommendations based upon our understanding that your health will become your TOP PRIORITY. Thank you again for applying as a patient in our clinic.

| PATIENT NAME | |
|--------------------|--|
| | |
| | |
| DATE COMPLETED | |



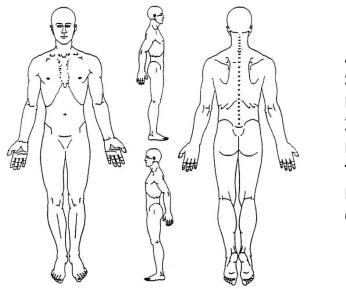
Patient Information

| Name: | Height: | Weight: | Gender: M F |
|--|-----------------|---------------------|--------------|
| Home Address: | | Home Phone: () | |
| City, State, Zip: | | Work Phone: () | |
| Email Address: | (| Cell Phone: () | |
| Birth Date:/ | | Marital Status: S M | D W |
| Occupation: | Employer Name | e: | |
| Spouse's Name: Cell Phone | :: () | #c | of Children: |
| Emergency Contact: | | Phone: () | |
| How were you referred to this office? | | | |
| Experience with Chiropractic | | | |
| Have you seen a Chiropractor before? $\ \square$ Yes $\ \square$ No Duration you | were treated? _ | When? | // |
| Reason for previous visits: | | | |
| How did you respond? | | | |
| Purpose of this visit | | | |
| What is your major complaint? | | | |
| Is this related to an accident or specific injury (other than auto or worl *If your symptoms are the result of an auto accident or work-related in | | | / |
| What caused your problem? | | | |



Show us your problem today

Write the letters below on the human figures to indicate the type and location of your symptoms



A = ache

S = stabbing

B = burning

X = stiffness

N = numbness

T = throbbing

P = tingling

O = other_____

Please list your present complaint(s) and indicate the level of pain today for each complaint – If you have more than one area of complaint please use the additional boxes.

| PROBLEM 1: | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|----|
| When did it begin? | | | | | | | | | | |
| mild severe | | | | | | | | | | |
| Now : 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| On average: 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its best: 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its worst: 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

| PROBLEM 2: | _ | | | | | | | | | | |
|--------------------|---|-----|---|---|---|---|---|---|-----|------|----|
| When did it begin? | | | | | | | | | | | |
| | | mil | d | | | | | | sev | vere | • |
| Now: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| On average: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its best: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its worst: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its worst: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | |

| PROBLEM 3: | | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|---|---|---|----|
| When did it begin? | | | | | | | | | | | |
| mild severe | | | | | | | | | | • | |
| Now: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| On average: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its best: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its worst: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

| PROBLEM 4: | | | | | | | | | | | |
|---------------------------|---|--------|---|---|---|---|---|---|---|---|----|
| When did it begin? severe | | | | | | | | | | | |
| | | severe | | | | | | | | | |
| Now: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| On average: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its best: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At its worst: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | | | | | | | | |

| How often are you experiencing it? | (list your problem # next to your choice if | f more than one problem area |
|------------------------------------|---|------------------------------|
|------------------------------------|---|------------------------------|

| \square Infrequently | \square Occasionally | \square Intermittently | \square Frequently | ☐ Constantly |
|------------------------|------------------------|--------------------------|----------------------|------------------|
| (Less than daily) | (1/4 of the time) | (1/2 of the time) | (3/4 of the time) | (All of the time |



| What makes your problem worse? | What have you done for this problem |
|--|---|
| ☐Bending ☐Looking down ☐Coughii | |
| ☐Sitting ☐Lifting ☐Standing | ☐ Bed Rest ☐ Massage ☐ Exercise ☐ Wet Heat |
| ☐Looking up ☐Walking | □ Dry Heat □ Pain Meds □ Topical Ointment |
| ☐ Weight bearing | ☐ Ice ☐ Traction ☐ Chiropractic ☐ PT ☐ MD |
| | □Nothing □Other: |
| What makes your problem better? | Difficulties with Activities of Daily Living – Using a scale of 1 to 5, |
| □Adjustments □Wet Heat □Ice | #1 you CAN do it to #5 you CAN'T do it because of PAIN, rating ONLY the difficulties you have relating to your CURRENT problen |
| ☐Pain meds ☐Bed rest ☐Resting | Dressing Walking Sleeping Self Hygiene |
| ☐ Exercising ☐ Lying down ☐ Traction | |
| □ Dry heat □ Massage □ Nothing | Driving Daily Chores Bending Social Life |
| Other: | Lifting Concentration Standing Exercising |
| - Other. | Climbing Stairs Sitting Other: |
| Previous Serious Illness (Cancer, | Diabetes, Heart, etc.) |
| Year Type | Residual problem |
| Year Type | Residual problem |
| | |
| | |
| Year Type | Residual problem |
| Year Type | |
| Year Type Year Type | Residual problem |
| Year Type Surgeries & Hospitalizations | Residual problem |
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| Year Type Year Type Surgeries & Hospitalizations Year Type | Residual problemResidual problemResidual problemResidual problem |
| Year Type Year Type Surgeries & Hospitalizations Year Type Year Type Medications | Residual problem Residual problem Residual problem Residual problem Residual problem |
| Year Type Year Type Surgeries & Hospitalizations Year Type Year Type Medications Medication Milligran | Residual problem Residual problem Residual problem Residual problem Vitamins & Supplements |



Social History

| Marital Status: ☐Single ☐Married ☐Separ | rated Divorced DWidowed |
|---|--|
| Employment Status: □Employed □Homema | ker \square Retired \square Unemployed \square Student |
| Domicile: \Box Live alone \Box Live w/ spouse \Box Liv | ve w/ significant other Live w/ parents |
| \Box Live w/ children \Box Assisted living | |
| Use of alcohol: ☐Never ☐Occasionally ☐F | requently Daily |
| Use of caffeine: \square Never \square Occasionally \square | Frequently Daily |
| Use of tobacco: ☐Never ☐Previously, but qu | it Daily type/frequency |
| Use of drugs: ☐Never ☐Daily type/frequence | су |
| | |
| Family Medical History | |
| Place the corresponding letter below next to the disease/problem | Cancer Diabetes |
| in the box. | Heart trouble High blood pressure |
| M = Mother | Stroke Headaches |
| F = Father B = Brothers | Neck problems Back problems |
| S = Sisters | Disc problems Joint Problems |
| C = Children | Arthritis Pinched nerves |
| | Osteoporosis Scoliosis |
| | Bad posture Asthma |
| | Stomach problems Female trouble |
| | |
| Pregnancy Release (female) | |
| This is to certify that to the best of my knowledge I am not p I have been advised that x-ray can be hazardous to an unbor | pregnant and Dr. Kraft has my permission to perform an x-ray evaluation. or child. |
| Date of last menstrual cycle:// | |
| Patient's signature | Date / / |



Terms of Acceptance / Informed Consent

Patient or Guardian's Name Printed

I authorize and agree to allow the doctor and/or his designated staff to work with my spine through the use of spinal adjustments and rehabilitative exercises for the sole purpose of postural and structural restoration of normal biomechanical and neurological function.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxations. However, if during the course of a chiropractic spinal examination we encounter a non-chiropractic or unusual findings, we will advise the patient. If the patient requires specific diagnosis or treatment of those findings, we will recommend that they seek the services of another health care provider who specializes in that area. We do not promise to guarantee certain results or cure ailments. Additionally, as with any health care treatment, chiropractic treatment involves certain complications or risks. These possibly include, but are not limited to, the following: stiffness or soreness; muscle strain or spasms; aggravation or an increase of symptoms; disc injuries; dislocations; fractures; and stroke. Please also note that remaining untreated may also involve certain risks and may hinder the success of any future treatment.

The doctor and/or his staff will not be held responsible for any health conditions or diagnoses which are pre-existing, given by another healthcare practitioner, or are not related to the structural conditions diagnoses at the clinic.

I have read the above terms and informed consent. I intend for my signature below to cover terms and informed consent for my the entire course of my treatment. I wish to rely on the doctor to exercise his best judgment during the course of my treatment to accomplish what he feels to be in my best interests. **Do not sign until you have read and understand the above terms and informed consent.**

| Assignment | / Authorization | | | |
|---|---|--|---|---|
| | assignment of insurance benefits. By ssignment alleviate you of your oblig | | | ce benefits to this cli |
| cannot modify the insurance pays of your benefits to event we do acce | lan is a contract between you and you te terms of that contract. Payment for not. We cannot bill your insurance this clinic and agree to permit us to rept assignment of benefits, we may rother payment arrangements. We we payment. | or treatment you receive for company unless you provi elease the necessary medi equire that you provide a c | rom this clinic is your resp de us with the necessary l cal information required t credit card with authorizat | onsibility whether yo billing information, as o secure payment. In tion to bill that accou |
| bill for any service necessary report | and that all insurance coverage is an a les that they are performing, these so s or required information to aid in in ims and that I am ultimately respons | ervices are strictly as a consumance reimbursement of | venience to me. The doct services, but I understand | or's office will provic I that insurance carri |



Acknowledgement of Receipt of Notice of Privacy Practices Pursuant to HIPPA and Consent for Use of Health Information

I acknowledge that Kraft Chiropractic's Notice of Privacy Practices has been provided to me. I understand that I have a right to review Kraft Chiropractic's Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my **protected** health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Kraft Chiropractic. The Notice of Privacy Practices for Kraft Chiropractic is also provided on the request at the front desk of this practice and on Kraft Chiropractic's website at www.kraftchiromi.com. The Notice of Privacy Practices also describes my rights and Kraft Chiropractic's duties with respect to my protected health information.

Kraft Chiropractic reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice by assessing Kraft Chiropractic's website, calling the office and requesting a revised copy be sent in the mail or asking for one on my next appointment.

| > | Patient/Guardian's Signature | Date | / | / |
|-------------|-------------------------------------|------|---|---|
| | Patient/Guardian's Name Printed | | | |
| | Description of Guardian's Authority | | | |

Please give your insurance information/card to the front desk person to copy

Kraft Chiropractic 3330 Rochester Rd. Troy, MI 48083 (248) 740-9100

What to expect after the first visit

Please read the following information carefully. Sign the bottom of the sheet to indicate that you understand the instructions and information given.

- 1. If you have never been adjusted, or if it has been some time since your last adjustment, you may experience soreness or discomfort for a few hours to a few days as your muscle acclimate to the proper spinal position.
- 2. If you are sore, Dr. Kraft may recommend either ice or moist heat application to help with your healing. When recommended, ice or moist heat (i.e. shower, bath, moist heating pad) should be used for no more that 15 minutes per hour. Do not apply ice directly to bare skin, always protect your skin with a thin covering such as a shirt or towel.
- 3. Do not use dry heat or analgesic rubs (i.e lcy Hot, BenGay, etc.) for your spinal condition as it will cause further swelling and increased discomfort.
- 4. Avoid heavy lifting or repetitive movements until Dr. Kraft indicates that you are ready for normal activity.
- 5. Unless indicated by Dr. Kraft, you may return to work/school after your appointment. It is best to rest after an adjustment to help retain its position.
- Healing takes time. Please be patient with your progress as most spinal problems have degenerated to the point of symptoms over many years. Dr. Kraft appreciates your communication.
- 7. Appointment scheduling is appreciated to track your care plan, your progress, and to deliver the highest quality of care for you.
- If a sudden movement causes discomfort, or if you experience any relapse of your problem, please contact Kraft Chiropractic at (248) 740-9100. The office number is covered after hours as well.

| I have read and understand the instr | ructions given for my follow up care. | |
|--------------------------------------|---------------------------------------|--|
| | | |
| | | |
| Patient Signature | Date | |

Kraft Chiropractic 3330 Rochester Rd. Troy, MI 48083 (248) 740-9100

Email:



COMMUNICATION STATEMENT

As a convenience to our patients, Kraft Chiropractic offers three options for appointment reminders. Please choose one option. (All options are a 24 hour notice unless you request otherwise).

| E-mail | |
|---|-----------------|
| OR | |
| Phone Call: | |
| Please leave a phone message at | |
| OR | |
| Text Message: | |
| A text message at | |
| Circle your phone provider: (Notice – your phone company may charge you extra if you do not have a | a texting plan) |
| Verizon AT&T Sprint T Mobile Virgin Mobile Other: | |
| | |
| | |
| | |
| Patient/ Representative Signature | Date |